What to BRING!? 

**Clothing & Materials**
We will be spending significant time outside, so be prepared for whatever the weather is! Juneau is nestled in a rainforest, so expect rain. Dress as you would for school; formal wear is not required, but is encouraged for meetings with representatives. Leave inappropriate logos at home. If you are missing items, please contact us ASAP. We do have some things you can borrow – but we don’t bring it unless you tell us you need it! You do not need to buy all new clothes or outdoor gear for the training!

**Outdoor Clothes**
- Warm Jacket
- Raincoat
- Warm hat and gloves
- Warm socks for hiking
- Comfortable shoes for hike/outing

**Indoor/ Clothes**
- Comfortable pants and tops
- Comfortable everyday shoes & socks
- Underwear (don’t forget!)
- Regalia or Business casual wear*

**Other Items & Accessories**
- Towel*
- Water bottle
- Headlamp/Flashlight
- Toothpaste
- Toothbrush
- Mouthwash
- Soap
- Shampoo
- Conditioner
- Hairbrush
- Comb
- Lotion
- Your Medication
- Covid Vaccination Card
- Visual Aids, if needed

**Optional Items**
- Camera
- Journal/sketchpad
- Cell phone – helpful for airport pickups!
- Headphones
- Charger
- Photos of your community (your family, the land, etc)
- Traditional Food to share
- Musical instruments (to play in the evenings)

**Cultural Sharing** – We will have an opportunity to tell each other about our cultures. You can sing, dance, bring an object, tell a story or share in any other way you choose.
- Cultural item, performance, or shareable

**Funds:**
- Please bring $30 for any personal expenses in the airport. All meals and airport pickups will be provided.

*If you need a towel or business wear we have extras. Please ask in advance!

Please contact AYEA staff with any questions - (907)-802-9895 or ayea@akcenter.org