

What to BRING!?

Clothing & Materials

We will be spending significant time outside, so be prepared for whatever the weather is! Juneau is nestled in a rainforest, so expect rain. Dress as you would for school; formal wear is not required, but is encouraged for meetings with representatives. Leave inappropriate logos at home. **If you are missing items, please contact us ASAP. We do have some things you can borrow – but we don't bring it unless you tell us you need it! You do not need to buy all new clothes or outdoor gear for the training!**

Outdoor Clothes

- Warm Jacket
- Raincoat
- Warm hat and gloves
- Warm socks for hiking
- Comfortable shoes for hike/outing
- Your Medication
- Covid Vaccination Card
- Visual Aids, if needed

Indoor/ Clothes

- Comfortable pants and tops
- Comfortable everyday shoes & socks
- Underwear (*don't forget!*)
- Regalia or Business casual wear*

Other Items & Accessories

- Towel*
- Water bottle
- Headlamp/Flashlight
- Toothpaste
- Toothbrush
- Mouthwash
- Soap
- Shampoo
- Conditioner
- Hairbrush
- Comb
- Lotion

Optional Items

- Camera
- Journal/sketchpad
- Cell phone – helpful for airport pickups!
- Headphones
- Charger
- Photos of your community (your family, the land, etc)
- Traditional Food to share
- Musical instruments (to play in the evenings)

Cultural Sharing – We will have an opportunity to tell each other about our cultures. You can sing, dance, bring an object, tell a story or share in any other way you choose.

- Cultural item, performance, or shareable

Funds:

- Please bring **\$30** for any personal expenses in the airport. All meals and airport pickups will be provided.

**If you need a towel or business wear we have extras. Please ask in advance!*

Please contact AYE staff with any questions - (907)-802-9895 or aya@akcenter.org